

Case Study - Cover Crops

Case Study Background Data		
Tool Category: Adaptation on the farm Variety: Robusta Climatic Hazard: • Prolonged dry spells Expected Outcome: • Reduction of evaporation losses of soil moisture from soil surface.	Transport Company Control Company Control Cont	Detail: Plant Density: 1,082 /ha Soil Type: Loamy soil Shade Regime: - Farming System: Coffee Banana farming system Yield (kg cherry/ha): 2,060 ○ rain: 900 - 1300mm/year
Implementation Date:	Altitude: 1,074 m	Slope of plots: Modest to
Aug. 2014 –Dec. 2015	GPS: 0.831087°N 32.496865°E	flat slope
		\bigcirc Age of trees: 5 – 10 years
No. farmers: 5 farmers	○ Area under coffee: 0.8ha/farmer	Tested on demo plots

Results

Cover crops are crops planted primarily to improve soil fertility, control soil erosion and reduce soil moisture evaporation losses from the soil surface. In this experiment, three different legume cover crops were planted with the objective of increasing soil water availability in coffee fields by improving rain water infiltration and conserving soil moisture by reducing soil moisture evaporation losses from the soil surface to prevent drought stress on coffee trees during the dry season. These were: Lablab purpureus, Mucuna purpureus and Desmodium intortum.

Results showed that Lablab and Mucuna provide early and better ground cover to the coffee intercrop than Desmodium. Lablab and Mucuna also exhibited less wilting of the coffee leaves in young coffee trees. Mucuna intercrop retained the most soil moisture content of all three cover crops. Overall, soil moisture content was highest in plots planted with Mucuna followed by lablab and least Desmodium.

There were significantly fewer weeds in legume cover crop plots, especially in Lablab and Mucuna cover crop plots compared to the control plot which had no legume cover crops. Desmodium was slow to establish and not effective in weed control at early stages of development but was very effective later when it had fully established and developed a dense ground cover.

when it had fally established that developed a defise ground cover.								
Pros & Advantages + Learnings	Cons & Disadvantages + Things to take into account							
 Conservation of soil moisture due to the mulching effect of cover crops Increased infiltration of rainfall by decreasing runoff Increased organic matter which increases water holding capacity Reduced soil erosion Can be used as fodder by livestock farmers Improved soil fertility Suppresses weed growth 	 Dependence on external seeds of cover crops Constantly creeps on the coffee trees Mucuna and Lablab are susceptible to pests like the caterpillar which can also attack coffee 							



Acceptability	Low	Effectiveness	High
Affordability	Low	Timing / Urgency	High

What is the objective of applying the adaptation option and how do we expect the objective to be met?

Through focus group discussion in the FFS, prolonged dry spells were identified as the major climatic hazard affecting smallholder coffee farmers in Luwero. These prolonged dry spells caused wilting of coffee plants and hence affected their development and productivity. Intercropping legume cover crops in coffee were expected to improve infiltration of rainwater and reduction of soil moisture evaporation loss from the soil surface. Therefore, different cover crops were planted in coffee plots with the objective of improving soil water availability due to reduction of evaporation losses of soil moisture from the soil surface. The full potential of cover crops to conserve soil water can be achieved when cover crops are planted just at the onset of the rainy season.

How is the adaptation option applied?

Nr.	Step	Picture
1	During focus group discussions in FFS, farmers identified the climatic hazard affecting coffee production in their area. They decided on a range of actions which they could undertake to address issues relating to impacts of climate change to their coffee production. One of the adaptation options decided on is intercropping cover crops in their coffee gardens to reduce soil water loss through evaporation.	MALCOT)



Host farmers were identified and 2 sites for the trial selected. Fields were prepared and legume cover crops were sown along the length of rows, halfway between 3 rows of coffee trees keeping at least 0.5m clear between the cover crop and the coffee trees. Nursery bed for Desmodium Newly planted Lablab Cover crop management 4 Coffee intercropped with Lablab Coffee intercropped with Desmodium Monitoring and recording the legume cover crops throughout the growing 5 season for evaluation of their effect on soil moisture conservation.



Implementation framework

The study was conducted in Luwero district in central Uganda, under the Global Climate Change Alliance Project implemented by Hanns R. Neumann Stiftung Africa, funded by the European Union and coordinated by the Food and Agriculture Organization of the United Nations.

The area receives an average annual rainfall between 900 - 1,300mm. The rainfall pattern is bimodal with long rains in March to June and short rains from September to November. The average annual temperature range is $17^{\circ}\text{C} - 28^{\circ}\text{C}$. The soils are loamy, deep and well-drained.

The experiment was conducted between October 2014 and December 2015. The legumes were intercropped with mature Robusta coffee at a spacing of 3m by 3m. Three legume species were sown in October 2014 in the coffee fields with recommended spacing.

The experiment was replicated five times on different farmer coffee plots. For each treatment, the plot size was 10m long and 5m wide, separated by 3m, each surrounded by 8 coffee plants. A separate coffee plot without cover crops was established adjacent to the coffee-legume intercrop and maintained throughout the experiment to act as a control. The different treatments were designated as follows: T1 - Coffee + Lablab, T2 - Coffee + Mucuna, T3 - Coffee + Desmodium and T4 - Coffee alone with no cover crop.

During the dry season, the host farmer together with the FFS members closely supervised by Field Officers, collected data and made observations on the effect of cover crops basing on the selected indicators. Soil moisture content was determined in plots of sole and intercropped Mucuna, Lablab and Desmodium every month.

Measurement strategy for effectiveness

Indicator	Soil moisture, plant and cover crop growth analysis
Definition	Plant growth analysis: i) Rolling and wilting of leaves ii) Colour of leaves
	Cover crop growth analysis: Early ground cover
	Soil moisture: Percentage of wetness of the soil
Purpose	Rolling and wilting – Helps to rate water stress of coffee plant during prolonged dry spell
	Colour of leaves– Shows level of nutrients and moisture in the plant
	Soil moisture – Helps to show the amount of water available for coffee plant root uptake for growth during the dry period
	Early ground cover – Helps to show the effectiveness of covering the ground surface for soil water conservation



Target	Reduced crop stress, healthier looking coffee plants and higher degree of soil moisture compared to those who are directly exposed to climatic hazards.
Data Collection	Host farmers and farmer group members make observations on indicators and host farmers are interviewed by Field Officers
Tool	Designed data collection template
Frequency	Once a month
Responsible	Host farmer, FFS members and Field Officer
Reporting	The results of the comparison are discussed during Farmer Field School meetings and c&c trainings within the farmer groups on the demo plots.
Quality Control	Replication, close/regular monitoring, comparison of results from different host farmers

Main findings of case study

- Mucuna pruriens and Lablab purpureus are the fastest growing ground cover. Mucuna can reach 100% ground cover in 2 to 3 months after planting. Desmodium intortum is slow in establishment. It is able to achieve 100% ground cover after about 6 months after planting but has high sustained ground cover compared to Mucuna and Lablab.
- There were significantly fewer weeds in legume cover crop plots, especially in Lablab and Mucuna cover crop plots compared to the control plot which had no legume cover crops.
 Desmodium was not effective in weed control at early stages of development but was very effective later when it had dense ground cover.
- Soil in the coffee plots intercropped with cover crops maintained higher moisture content during long dry periods compared to uncovered plots. The difference in soil moisture content among the legume cover crops varied depending on the ground cover. Overall, soil moisture content was highest in coffee plots planted with Mucuna, followed by Lablab and least in Desmodium of all three cover crops.
- There was less wilting of the coffee leaves in young coffee trees under cover crops compared to plots which were not intercropped with cover crop.

In conclusion, legumes have been found useful as cover crops in coffee for preservation of soil moisture. Legumes that are good at preserving soil moisture are those that are excellent forage and those that spread rapidly to provide complete soil cover between the established coffee trees.



ily accept this tool	as useful for imp	lementation and				
Х	Don't Know					
mplementation rig	ht now is still on	ly limited to the				
Lack of cover cro	p seeds.					
Some farmers co	omplain that the o	cover crops keep				
trailing on the co	offee trees. Desmo	odium takes long				
on in the process, even though they initially accepted it, why? to establish but a good ground cover.						
Some farmers	widely accepte	d cover crops				
because they se	rved other purpos	ses for them like				
acting as fodder	for livestock.					
There has been	criticism from ou	tside that cover				
crops use soil w	ater while growir	ng. This can lead				
to competition v	vith the intended	crop.				
	X mplementation rig Lack of cover cro Some farmers co trailing on the co to establish but Some farmers because they se acting as fodder There has been crops use soil w	Lack of cover crop seeds. Some farmers complain that the control trailing on the coffee trees. Desmo to establish but a good ground cover some farmers widely accepted.				

Affordability									
Leading Question: Are the costs of the tool affordable to farmers taking into account the initial									
investment, maintenance costs and the availability of inputs?									
High	Low X Don't Know								
Low: Cover crop	seeds especially D	esmodium are ve	ry expensive.						
Please Commen	t:								
Are there any environment?)	Are there any external costs? (to society or environment?) Cost for cover crop seedlings.								
If costs are high because inputs are not available, what inputs? And why? Cover crop seeds are not locally available.									
Any other comments: The cover crop seeds can be expensionable beginning, but the farmers can reproduct for the subsequent planting and also give other farmers.									

Effectiveness								
Leading Question: Does the tool provide the expected benefits to farmers?								
High X Low Don't Know								
High: The object	tive of the tool ha	s been met for the	farmers.					
Please Commen	t:							
What benefits di	d farmers expect	from this tool?	and increased of	nilure due to prol coffee yields and ree drought stress	quality due to			
If the objective h	as not been met,	why?	-					



Have there been any significant external issues	Cover crops were a new adaptation technology to
which influenced the effectiveness (positive or	many farmers and the host farmers were eager to
negative) of this tool? Please explain.	learn from it.
Any other comments about effectiveness:	Timely planting of cover crops results in good
	establishment and more biomass production
	compared to late planted cover crops.
	Mucuna however would require training by cutting
	off its tips to control trailing on coffee.

Timing / Urgency	у										
Leading Question	on: Is th	e amount d	of time	that	this	tool	take	s to	implement	(from	starting
implementation	until bene	efits accrue) r	easonable	e to fa	armer	s?					
High	Χ	Low	1					Don	't Know		
High: The tool ta	kes a reas	onable amou	nt of time	e to ir	mplen	nent.					
Please Comment:											
If implementation takes too long, why? Taking into account the cover crop growing							growing				
season, land preparation, planting and tir						time to					
				1	matur	ity.					
Any other comm	ents abou	ıt timing:	·	-	-						